



## STATUS OF HEALTHY U UPDATED OCTOBER 2011

Please be advised that APSCUF's current recommendation with regard to Healthy U is the following:

- Healthy U is a wellness program, and the Pennsylvania State System of Higher Education (PASSHE) can make it available to its employees.
- However, PASSHE should not be including or even alluding to any penalty for non-participation.
- **The future of Healthy U – as designed within the contract – is unknown at this time because APSCUF and PASSHE are still in negotiations.**
- For those who want to go to the [Healthy U website](#) and complete the program's requirements, they are welcome to do so.
- For those who would prefer to wait, they are welcome to see what happens in negotiations as the future of the program is still unknown at this point.
- If you have any questions about Healthy U, please do not hesitate to contact Nancy Koutris at [nkoutris@apscuf.org](mailto:nkoutris@apscuf.org).

### **Important Phone Numbers**

For **login issues**, call Highmark technical support at **1-877-298-3918**

For **web support**, call **1-800-294-9568**

**Highmark Member Services 1-866-727-4935**

If you have **any general questions** while completing the Lifestyle Returns program, please call the Highmark Wellness Resource Center at **1-800-650-8442**.

### **Important Links**

[Highmark Blue Shield's Website](#)

[Highmark wellness programs and resources](#)

[Highmark's Blues on Call program](#)

## Health Care Contribution Rates 2011-12

### Full-Time Faculty

<b>July 1, 2011 - Employee Health Plan Costs - 27 PAYS IN FISCAL YEAR 2011-12</b>									
	<b>Total Monthly Costs</b>			<b>Biweekly EE Costs</b>			<b>20-Pay EE Costs</b>		
	<b>Single</b>	<b>Two</b>	<b>Family</b>	<b>Single</b>	<b>Two</b>	<b>Family</b>	<b>Single</b>	<b>Two</b>	<b>Family</b>
<b>Indemnity Plan Max. 3-Tier</b>									
15% Healthy U Participant	\$725.64	\$1,608.74	\$1,971.56	\$89.74	\$198.94	\$243.80	\$121.15	\$268.57	\$329.13
25% Non-Participant	\$725.64	\$1,608.74	\$1,971.56	\$121.99	\$270.44	\$331.42	\$164.69	\$365.09	\$447.42
<b>PPO Plan Max. 3-Tier</b>									
All Groups – 15% Healthy U Participant	\$529.25	\$1,173.35	\$1,437.97	\$35.28	\$78.22	\$95.86	\$47.63	\$105.60	\$129.41
25% Non-Participant	\$529.25	\$1,173.35	\$1,437.97	\$58.81	\$130.37	\$159.77	\$79.39	\$176.00	\$215.69
<b>HMO Plans (All Pay 15%)</b>									
Geisinger	\$574.27	\$1,265.33	\$1,552.46	\$38.28	\$84.36	\$103.50	\$51.68	\$113.89	\$139.73
Keystone Central	\$732.49	\$1,489.63	\$2,165.29	\$48.83	\$99.31	\$144.35	\$65.92	\$134.07	\$194.87
Keystone East	\$715.59	\$1,472.14	\$2,031.03	\$47.71	\$98.14	\$135.40	\$64.41	\$132.49	\$182.79
UPMC	\$592.29	\$1,312.17	\$1,608.30	\$39.49	\$87.48	\$107.22	\$53.31	\$118.10	\$144.75

### Part-Time Faculty

<b>Highmark Indemnity</b>			
	<b>Coverage Type</b>	<b>Biweekly Deduction (27 Pays)</b>	<b>Deduction for 20 Pays</b>
<b>57.5% Healthy U Participant</b>	Single	\$226.80	\$306.18
<b>62.5% Non-Participant</b>	Single	\$242.93	\$327.96
<b>57.5% Healthy U Participant</b>	Two-Party	\$502.81	\$678.79
<b>62.5% Non-Participant</b>	Two-Party	\$538.56	\$727.06
<b>57.5% Healthy U Participant</b>	Family	\$616.20	\$831.87
<b>62.5% Non-Participant</b>	Family	\$660.02	\$891.03

<b>Highmark PPO</b>			
	<b>Coverage Type</b>	<b>Biweekly Deduction (27 Pays)</b>	<b>Deduction for 20 Pays</b>
<b>57.5% Healthy U Participant</b>	Single	\$135.25	\$182.59
<b>62.5% Non-Participant</b>	Single	\$147.01	\$198.46
<b>57.5% Healthy U Participant</b>	Two-Party	\$299.86	\$404.81
<b>62.5% Non-Participant</b>	Two-Party	\$325.93	\$440.01
<b>57.5% Healthy U Participant</b>	Family	\$367.48	\$496.10
<b>62.5% Non-Participant</b>	Family	\$399.44	\$539.24

## Full-Time Coaches

Non-faculty coaches who retain the Highmark indemnity plan will pay the following biweekly amount in addition to a percentage of salary:

Single	\$41.36
Two-Party	\$91.69
Family	\$112.36

## Part-Time Coaches

Part-time coaches pay 50 percent of the cost, plus a percentage of salary plus 12 percent cap excess.

Highmark Indemnity			
50%	Single	\$202.61	\$725.64
50%	Two-Party	\$449.19	\$1,608.74
50%	Family	\$550.48	\$1,971.56

Highmark PPO		
50%	Single	\$117.61
50%	Two-Party	\$260.74
50%	Family	\$319.55